



# live!



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## author series, workshops & community events

### TUESDAY, DECEMBER 1

**LUCINDA SCALA QUINN • MAD HUNGRY: FEEDING MEN & BOYS 7pm** • Lucinda Scala Quinn visits with her gorgeous cookbook *Mad Hungry: Feeding Men and Boys* for a cooking demo, tasting, and book signing. Scala Quinn has spent much of her life feeding the men and boys in her life, and teaching them how to feed themselves. Now Scala Quinn—chef, television personality, and **Martha Stewart Omnimedia's resident food guru**—shares winning strategies for how to sate the seemingly insatiable and get men to manage in the kitchen. She provides recipes for single-skillet meals and dinners that yield fabulous leftovers. Scala Quinn's recipes are easy to prepare, affordable, and so good that even the most finicky eater will want to dig in. Along with her cooking techniques and survival strategies ("Never be caught without bacon"), Quinn muses about life in a predominantly male household and provides empowering advice to feed guys' spirits as well as fill their bellies. With her help, homemade meals become second nature, nourishing both diner and cook.

### WEDNESDAY, DECEMBER 2

**MONA LYNCH: SUNBELT JUSTICE • 7pm** • Mona Lynch, Associate Professor in the Criminology, Law & Society Department at the University of California, Irvine, visits with her book *Sunbelt Justice: Arizona and the Transformation of American Punishment*. In the late twentieth century, the United States experienced an incarceration explosion. Over the course of twenty years, the imprisonment rate quadrupled, and today more than 1.5 million people are held in state and federal prisons. Arizona's Department of Corrections came of age just as this shift toward prison warehousing began, and soon led the pack in using punitive incarceration in response to crime. *Sunbelt Justice* looks at the development of Arizona's punishment politics, policies, and practices, and brings to light just how and why we have become a mass incarceration nation.

**OFFSITE EVENT • PAUL NICKLEN: POLAR OBSESSION • 7pm** Renowned nature photographer and wildlife biologist Paul Nicklen, whose work has been published in magazines around the world, including ten articles for *National Geographic*, presents his book *Polar Obsession*. The Arctic is in Nicklen's blood. Born and raised on Baffin Island, Nunavut, he grew up in one of the only non-Inuit families in a tiny native settlement amid the ice fields, floes, and frigid seas of Northern Canada. At an age when most children are playing hide-and-seek, he was learning life-and-death lessons of survival: how to read the weather, find shelter in a frozen snowscape, or live off the land as his Inuit neighbors had done for centuries. Today Nicklen is uniquely qualified to portray the impact of climate change on the polar regions and their inhabitants, human and animal alike. In a wise and wonderful intertwining of art and science, his bold expeditions plunge him into freezing seas to capture unprecedented, up-close documentation of the lives of leopard seals, whales, walruses, polar bears, bearded seals, and narwhals. Bathed in polar light, his images, inspiring and amazing, break new ground in photography and provide a vivid, timely portrait of two extraordinary, endangered ecosystems. **PLEASE NOTE: This is an offsite event at Mesa Arts Center, 1 East Main Street Mesa, AZ 85201. Tickets at MAC box office: 480-644-6500.**

### THURSDAY, DECEMBER 3

**CAY RANDALL-MAY: HEALING AND THE CREATIVE RESPONSE 7pm** • Spiritual healer and artist Rev. Cay Randall-May, Ph.D, presents the "Four Key Steps" you can use to promote natural, spiritual, and energetic well-being in yourself and others. These are described in her book, *Healing and the Creative Response*, which helps you to discover how to reach your highest creative and healing potential. **More info: [www.HealingCreativeResponse.com](http://www.HealingCreativeResponse.com).**

### FRIDAY, DECEMBER 4

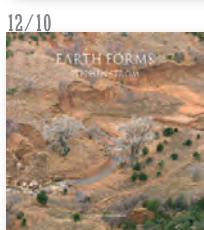
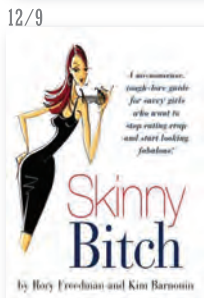
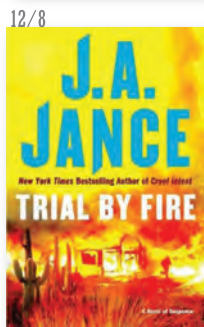
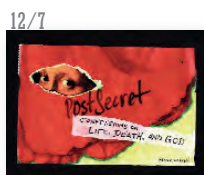
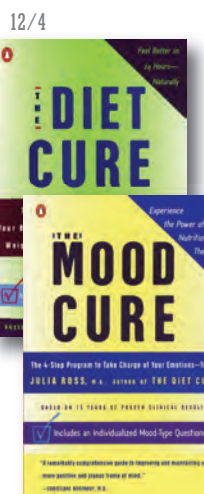
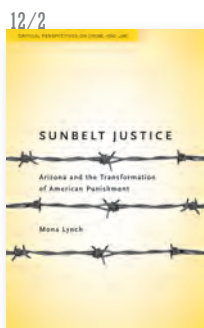
**JULIA ROSS • HOLIDAY CHEER: A REMEDY FOR THE OBESITY AND DEPRESSION EPIDEMICS • 7pm** • Julia Ross, nutritional psychology pioneer and author of *The Diet Cure* and *The Mood Cure*, discusses the U.S. diet—how it strips us of appetite- and mood-regulating nutrients, and how we can restore them to quickly optimize our moods and stop overeating and unneeded weight gain without antidepressant drugs or low-cal diets. **More info: [DietCure.com](http://DietCure.com) and [MoodCure.com](http://MoodCure.com).**

### SATURDAY, DECEMBER 5

**HANDMADE AZ: POSITIVELY GOURD-GEOUS! • 10am-5pm** Decorative gourds by Delos Nokleby.  
**KIDS EVENT • COSTUME STORYTIME: MOUSE! • 11am-Noon** From the pages of the Laura Numeroff's *If You Give a Mouse a Cookie* and *If You Take a Mouse to School* comes Mouse herself, live, in the fur! We'll read the classic stories, share some treats, and visit with Mouse for photos and fun.  
**INSIGHTS • 5:30-8:30pm** • Tarot reader **James R. Betz** offers advice on life, relationships, and career choices. **COST: \$20 for 15 minutes. Registration and pre-payment required at 480.730.0205. Info: 602.840.2222.**

### SUNDAY, DECEMBER 6

**HANDMADE AZ: MOXIE JEWELRY • 10am-5pm** • Handwrought rings and handforged hoops by Susie Holstein.  
**HANDS-ON GREATER PHOENIX • 11am** • "Getting Involved 101" volunteer opportunities. **More info: 602.973.2212 x237.**  
**FRENCH CONVERSATION FOR BEGINNERS • 1:30-2:30pm** **More info: [aaron@letutor.com](mailto:aaron@letutor.com).**  
**CLUB READ • THE 39 CLUES: THE MAZE OF BONES • 2-3pm**  
**PLEASE NOTE: THE AUTHOR WILL NOT BE IN ATTENDANCE. Great books, special events, prize giveaways, interactive contests, tasty treats, author visits**



and other fun stuff—it's all part of our new Club Read program for kids, and you're invited! Join today and start earning points redeemable for some great prizes! Minutes before she died Grace Cahill changed her will, leaving her descendants an impossible decision: "You have a choice—one million dollars or a clue." Grace is the last matriarch of the Cahills, the world's most powerful family. Everyone from Napoleon to Houdini is related to the Cahills, yet the source of the family power is lost. 39 Clues hidden around the world will reveal the family's secret, but no one has been able to assemble them. Now the clues race is on, and young Amy and Dan must decide what's important: hunting clues or uncovering what *really* happened to their parents. *The 39 Clues* is Scholastic's groundbreaking series, spanning ten adrenaline-charged books, 355 trading cards, and an online game where readers play a part in the story and compete for over \$100,000 in prizes! **CLUB READ BADGE-HOLDERS: Get 3 bonus points for attending, and 1 point when you purchase The Maze of Bones at Changing Hands. Don't have a free Club Read badge? Ask a bookseller how to get one!**  
**SPANISH CONVERSATION • 3-5:45pm** • Beginners: 3-4:15pm • Intermediate: 4:30-5:45pm. **More info: [martha@languagesynergy.com](mailto:martha@languagesynergy.com).**

### MONDAY, DECEMBER 7

**FRANK WARREN • POSTSECRET: CONFESSIONS ON LIFE, DEATH, AND GOD • 7pm** • Frank Warren, "the most trusted stranger in America," offers the fifth book in his *New York Times* bestselling series. **TIX** *PostSecret: Confessions on Life, Death, and God* is another provocative collection of never-before seen, artistically created postcards from around the world revealing the shocking, soulful or laugh-out-loud funny thoughts and feelings we all share about life's most profound questions. The original *PostSecret* was selected by the *Los Angeles Times* as a Favorite Book of the Year. The [postsecret.com](http://postsecret.com) website has won numerous Weblog "Blogger" Awards—including Weblog of the Year and Best American Weblog—a Webby and a People's Voice Award, and receives more than six million visitors a month. **Venue and details to be announced. Sign up for our newsletter at the cash registers or at [ChangingHands.com](http://ChangingHands.com) and be the first to know!**

### TUESDAY, DECEMBER 8

**J.A. JANCE: TRIAL BY FIRE • 7pm** • J.A. Jance visits with her latest, **TIX** *Trial By Fire*. In the heat of the Arizona desert, a raging fire pushes temperatures to a deadly degree, and one woman is left to burn. Pulled naked and barely breathing from the fire, the victim has no idea who she is, let alone who would do this to her, or why. In her hospital bed she drifts in and out of consciousness, her only means of communicating a blink of the eye. And then an angel appears. Known around town as the "Angel of Death," Sister Anselm has devoted her life to working as an advocate for unidentified patients. To her burn patient, she is a savior. But to this Jane Doe's would-be killer, Sister Anselm's efforts pose a serious threat. Ali Reynolds is on the scene as the new media relations consultant for the Yavapai County Police Department, keeping reporters at bay and circumventing questions about arson and a link to a domestic terrorist group called Earth Liberation Front. As Ali struggles to help Sister Anselm uncover the helpless woman's identity, they realize that by locating the missing relatives they may be exposing the victim once more to a remorseless killer determined to finish the job.

### WEDNESDAY, DECEMBER 9

**KIM BARNOUIN • SKINNY BITCH: SKINNY COUPLE IN A BOX 7pm** • Kim Barnouin, *New York Times* bestselling co-author of the *Skinny Bitch* series, visits with her latest, *Skinny Couple in a Box: A No-Nonsense, Tough-Love Guide for Savvy Girls Who Want to Stop Eating Crap and Start Looking Fabulous*. A rallying cry for all savvy women to start eating healthy and looking radiant, this resource espouses a healthful lifestyle that eliminates meat and dairy foods, promotes whole grains, fruits, and vegetables, and encourages women to get excited about feeling "clean and pure and energized." **More info: [SkinnyBitch.net](http://SkinnyBitch.net).**

### THURSDAY, DECEMBER 10

**STEVE STROM: EARTH FORMS • 7pm** • Photographer Steve Strom describes the evolution of his artistic vision as exhibited in *Earth Forms*, a book of his photographs which compresses vast desert spaces and invites viewers to look deeply into what light and earth together form. For the poet Joy Harjo, "the(se) photographs are not separate from the land or larger than it. Rather, they gracefully and respectfully exist inside it. Breathe with it." **Slideshow, talk, and signing.**

### FRIDAY, DECEMBER 11

**HAPPY CHANUKAH! FRIDAY NIGHT POETRY • 7pm** • This month's featured reader is Patricia Colleen Murphy, author of *Inevitable Flow*, *Sun Damage*, and *Obligatorium*. Murphy teaches poetry, fiction, and creative nonfiction in the School of Letters and Sciences at Arizona State University. The managing editor of the online literary magazine *Superstition Review*, Murphy was awarded an Artist's Project Grant from the Arizona Commission on the Arts in 2009. **Open reading follows.**

### SATURDAY, DECEMBER 12

**HANDMADE AZ: SUBA'S DESIGNS • 10am-5pm** • Simply elegant jewelry—sterling silver and semi-precious stones. **More information: [subadesigns@yahoo.com](mailto:subadesigns@yahoo.com).**  
**FAMILY EVENT • COOKING STORYTIME • 11am-Noon** Cynthia Giroux from Storybook Kitchen reads *Latkes, Latkes, Good to Eat* by Naomi Howland, and shows kids how to make this traditional holiday treat.  
**DICK & LINDA BUSCHER: HISTORIC PHOTOS OF ARIZONA 1-3pm** • MEET & GREET SIGNING. Linda and Dr. Dick Buscher have been writing and teaching on the subject of Arizona for 35 years. Both were public school educators, and Dr. Buscher was also a principal who received a 1998 City of Phoenix Martin Luther King Living the Dream Award. Their new book is *Historic* >>

**Photos of Arizona**, a unique photographic essay which explores the fascinating past of the Grand Canyon State through nearly 200 rare photographs.

**FAMILY EVENT • MOLLY IDLE: NIGHTY NIGHT, BABY JESUS**

**1pm** • Former DreamWorks Animation artist Molly Idle visits with her picture book, *Nighty Night, Baby Jesus: A Noisy Nativity*. In addition to her work on the hit films *Sinbad*, *The Road to El Dorado*, and *Spirit: Stallion of the Cimarron*, she's also done work on PBS's *Liberty Kids* and Walt Disney's *Lion King 1 1/2*.

**YAMAHA PIANO STUDENT CONCERT • 4-6pm**

**TAROT READINGS • 5:30-8:30pm** • Susanna Astarte provides guidance along life's journey. **Cost: \$20 for 15 minutes.** Registration and pre-payment required at 480.730.0205. More info: 480.969.2522.

**SUNDAY, DECEMBER 13**

**HANDMADE AZ: IVY JEWELS • 10am-5pm** • Jewelry by Nancy Zangari. **SIGN LANGUAGE FOR ADULTS • 1:30-3pm** • Cindy Ashcraft, a

teacher of hearing-impaired children, teaches Signed English to parents and other interested adults. Meets every second and fourth Sunday. **Cost: \$5 per class.** Registration and pre-payment required at 480.730.0205. More info: 480.472.6203.

**ALEXANDRA HARDY-SHAMAYA: WHAT I WISH FOR YOU • 2-4pm**

**MEET & GREET SIGNING.** Alexandra Hardy-Shamaya visits with the inspirational gift and self-help book *What I Wish for You*. In the book, Hardy-Shamaya shares 52 simple but profound messages accompanied by evocative illustrations for joyful and enlightened living.

**MONDAY, DECEMBER 14**

**ANNETTE BRITTON: 5 BLACK WOMEN, INC. • 7pm** • Annette Britton visits with her book *5 Black Women, Inc.: 25 Stories That Gave Birth to a Company*. The world is not created or sustained by superstars; it is everyday, average people who can truly make an impact. Everybody has something to offer. Everybody has a story worth telling. Author Annette Britton, previously an electronic engineer at Xerox, wants us to ask "What is my purpose here?" And when we each discover that purpose, she proposes that we fly with it into the world, and offer it to a greater good.

**POETRY ROUNDTABLE • 7pm** • Workshop one of your original poems once a month with a group of peers. More info: [jedesign2004@yahoo.com](mailto:jedesign2004@yahoo.com).

**TUESDAY, DECEMBER 15**

**HOMECOMING HAPPY HOUR • 6:30-8:30pm** • The Holiday Homecoming Happy Hour is an opportunity for community-minded people to meet other community-minded people. Join the celebration, bring a friend and welcome home! Hosted by Changing Hands and Annie Loyd Bachand. More info: [Annie@CommunityPublicRelations.com](mailto:Annie@CommunityPublicRelations.com).

**WEDNESDAY, DECEMBER 16**

**JAMES T. GEIGER, MD • THE SWEET SMELL OF SUCCESS • 7pm** James T. Geiger, MD, visits with his book *The Sweet Smell of Success: Health and Wealth Secrets*. From cutting-edge operating room discoveries to his daily clinical aromatherapy practice, James Geiger delivers 21st-century health and wellness techniques. In *The Sweet Smell of Success*, Dr. Geiger narrows the health care information gap between doctor and patient, dispensing scientifically proven facts on natural healing. Wellness through nature and nutrition—it's Dr. Geiger's passion and it's your life. More info: [OilMD.com](http://OilMD.com).

**THURSDAY, DECEMBER 17**

**FAMILY EVENT • IMPROV COMEDY: THE ELLIOT SALSBUARY REVOLUTION • 7pm** • The Elliot Salsbury Revolution is a comedy improv troupe specializing in short form improvisation. In the tradition of *Whose Line Is It Anyway?*, troupe members bring on-the-spot humor and malarkey to every performance. Holiday fun for the whole family, the audience becomes part of the show by participating in the skits. Join the Revolution for an evening of side-splitting fun!

**FRIDAY, DECEMBER 18**

**LESLIE LANDIS • THE ART OF OVEREATING • 7pm** • Fed up with fat-phobia? Practicing clinical psychologist Leslie Landis visits with her book, *The Art of Overeating: A Bellyful of Laughs About Our Food-Phobic Culture*, the anti-diet bible that's chock-full of not-too-weighty wisdom. It flies in the face (not to mention the sucked-in gut) of our calorie-obsessed culture. Above all, it finds the funny bone in our culinary excess while offering reassurance that there's no such thing as too much food. Witty text and imaginative illustrations encourage us to dig in and enjoy our meals, while imparting essential tips such as "The best way to eat healthy is to eat in large quantities. How else can you be sure you're getting all the vitamins and minerals you need?" Interesting and informative food facts enliven the pages, while the author's wry style makes it clear she's not endorsing gluttony—just reminding us to have a little fun with our fries. For those who love laughter, life, and food, here's a treat worth indulging in. And it doesn't even contain a single calorie!

**SATURDAY, DECEMBER 19**

**HANDMADE AZ • OLD MOON CRAFTS • 9am-5pm** • Crafts: pillows, bags, purses, and more!

**PICTURES WITH SANTA THE GRINCH! •** The three words that best describe him are as follows, and I quote: "Stink. Stank. Stunk!" Pictures with Santa are fine, but aren't pictures with the Grinch more festive? Bring the kids and a camera, and join us for storytelling, picture-taking, and some free roast beast . . . er, free treats, that is.

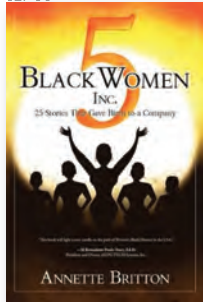
**INSIGHTS • 5:30-8:30pm** • See 12/5 for details.

**SUNDAY, DECEMBER 20**

**HANDMADE AZ: FUNCTIONAL POTTERY • 10am-4pm** • Functional pottery by Sarah Magera.

**MAILE HERNANDEZ: THE UNREACHABLE STAR • 2-4pm** **MEET & GREET SIGNING.** Writer, blogger, and Phoenix theater reviewer Maile Hernandez autographs her poignant and controversial memoir, *The Unreachable Star: My Unauthorized Travels with Patti LuPone*. Hernandez recounts anecdotes of following Broadway's LuPone on tour, while simultaneously raising her newly diagnosed autistic child. Buy the book and

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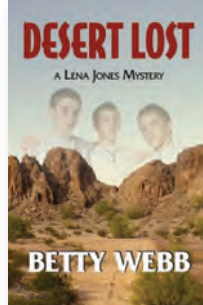
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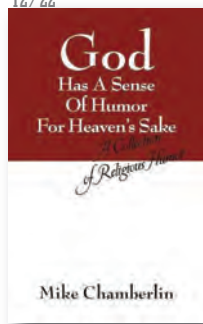
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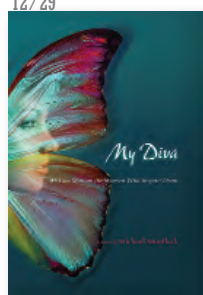
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you're eligible for a drawing for two tickets to Tony Award-winner Patti LuPone's performance at Phoenix Symphony Hall on Saturday, January 2, 2010. **SPANISH CONVERSATION • 3-5:45pm** • Beginners: 3-4:15pm • Intermediate: 4:30-5:45pm. More info: [martha@languagesynergy.com](mailto:martha@languagesynergy.com).

**MONDAY, DECEMBER 21**

**HANDMADE AZ: EVE'S POUCH SLINGS • 10am-6pm** • Pouch sling baby carriers by Eve Quismorio.

**HANDS-ON GREATER PHOENIX • 6pm** • "Getting Involved 101." Volunteer opportunities. More info: 602.973.2212 x237.

**BETTY WEBB: DESERT LOST • 7pm** • Former reporter Betty Webb discusses the real-life events that led to *Desert Lost*, the latest novel in her *Lena Jones* mystery series. If one man can have ten wives, nine men will have none—and some polygamists know how to rid themselves of those "surplus" men, even when the "men" are only 14 years old. They become Arizona's Lost Boys. Webb's *Lena Jones* series has been hailed as mysteries with a social conscience, in such publications as the *New York Times*, *Chicago Tribune*, and *Publishers Weekly*. Tonight Webb explains how the human rights violations in certain polygamist communities have been—and still are—hidden under the guise of religious freedom.

**TUESDAY, DECEMBER 22**

**GIFT WRAPPING • 11am-5pm** • Gift wrapping by Hadassah.

**MIKE CHAMBERLIN: GOD HAS A SENSE OF HUMOR FOR HEAVEN'S SAKE! • 7pm** • Valley musician and broadcasting legend Mike Chamberlin, who anchored news and sports for 20 years in Phoenix, visits with his book *God Has A Sense Of Humor for Heaven's Sake* and his CD *Mike Chamberlin's Christmas Collection* for a holiday concert and book signing.

**WEDNESDAY, DECEMBER 23**

**GIFT WRAPPING • 11am-5pm** • Gift wrapping by Grand Canyon Prep.

**THURSDAY, DECEMBER 24**

**CHRISTMAS EVE** • The store is open 9am-5pm.

**GIFT WRAPPING • 11am-5pm** • Gift wrapping by Grand Canyon Prep.

**FRIDAY, DECEMBER 25**

**MERRY CHRISTMAS!** The store is closed today.

**SATURDAY, DECEMBER 26**

**JOYOUS KWANZAA!**

**TAROT READINGS • 5:30-8:30pm** • Susanna Astarte provides guidance along life's journey. **Cost: \$20 for 15 minutes.** Registration and pre-payment required at 480.730.0205. More info: 480.969.2522.

**SUNDAY, DECEMBER 27**

**SIGN LANGUAGE FOR ADULTS • 1:30-3pm** • Cindy Ashcraft teaches Signed English to parents and other interested adults. Meets every second and fourth Sunday. **Cost: \$5 per class.** Registration and pre-payment required at 480.730.0205. More info: 480.472.6203.

**TUESDAY, DECEMBER 29**

**HANDS-ON GREATER PHOENIX • 6pm** • "Getting Involved 101." Volunteer opportunities. More info: 602.973.2212 x237.

**MICHAEL MONTLACK • MY DIVA: 65 GAY MEN ON THE WOMEN WHO INSPIRE THEM • 7pm** • Editor Michael Montlack discusses and signs *My Diva: 65 Gay Men on the Women Who Inspire Them*, an anthology, according to the *Village Voice*, of "deeply personal, campy, and insightful essays that illuminate the eternal bond between gay men and their fabulous diva icons." *My Diva* offers both depth and glamour as it explores diva worship and pays tribute with joy, intelligence, and fierce love. The book was inspired by Montlack's love for Stevie Nicks. And anyone—straight or gay, young or old, male or female—who ever needed a muse or found one will see their own longing mirrored here as well.

**THURSDAY, DECEMBER 31**

**NEW YEAR'S EVE** • The store is open 10am-5pm.

**MONDAY, JANUARY 11**

**JEANNETTE WALLS: HALF BROKE HORSES • 7pm** • Jeannette Walls's memoir *The Glass Castle* was "nothing short of spectacular" (*Entertainment Weekly*). Now, in *Half Broke Horses*, she brings us the story of her grandmother, told in a first-person voice that is authentic, irresistible, and triumphant. "Those old cows knew trouble was coming before we did." So begins the story of Lily Casey Smith, Jeannette Walls's no nonsense, resourceful, and spectacularly compelling grandmother. By age six, Lily was helping her father break horses. At fifteen, she left home to teach in a frontier town—riding five hundred miles on her pony, alone, to get to her job. She learned to drive a car ("I loved cars even more than I loved horses. They didn't need to be fed if they weren't working, and they didn't leave big piles of manure all over the place") and fly a plane. With her husband, Jim, she ran a vast ranch in Arizona and raised two children, one of whom is Jeannette's memorable mother, Rosemary Smith Walls, unforgettably portrayed in *The Glass Castle*. Lily survived tornadoes, droughts, floods, the Great Depression, and the most heartbreaking personal tragedy. She bristled at prejudice of all kinds—against women, Native Americans, and anyone else who didn't fit the mold. Rosemary Smith Walls always told Jeannette that she was like her grandmother, and in this true-life novel, Walls channels that kindred spirit.

**book clubs** Changing Hands hosts a variety of book clubs for readers of all interests. See our in-store display at the front of the store or visit [changinghands.com](http://changinghands.com) for more information.

**storytime** Storytime for toddlers, every Thursday at 10:15am.

**TIX** **SEATING** begins one hour before the event. Lettered tickets (free with book purchase) will be called alphabetically to fill seats and will also be used to form the book signing line. Seating opens to the general public fifteen minutes before the event, so please arrive early, as space is limited. **CAN'T MAKE IT?** If you'd like an autographed book from any of our author events, please call us at 480.730.0205 to pre-pay and we'll have one or more copies signed and reserved for you.

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Prefer an e-mail version of our events calendar? Sign up at the store or online at [info@changinghands.com](mailto:info@changinghands.com) (type SUBSCRIBE CHB in subject line)

